AM ETFO INFO

February 10, 2023 | Volume 8 | Issue 6

Staffing Deadlines

There are a number of important dates that that are upcoming. Members need to submit letters to the board by the following deadlines:

Feb. 15:

Voluntary transfer requests

March 1:

Notice to remain on Recall List

DSLP application,

Leave of Absence request for the entire year,

Extension of Leave of Absence for entire year

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ETFO's All Member Violence Survey

ETFO is launching an all-member survey to address the rise of violence and aggressive behaviours in elementary schools. The online survey will take place from February 8 to March 8 and focus groups will be held at the end of March. Results from this year's survey and focus groups are expected in spring 2023. ETFO will use the data to continue to raise public awareness of the issue, advocate for change, and develop member resources and programs aimed at empowering members to assert their health and safety rights when faced with violence at work.

Members are encouraged to look for the survey in their inbox.

workhealth*life*

Contact your E m p l o y e e Assistance Program (EAP)

Immediate, confidential help for any concern is just a phone call away,

Toll-free, 24 hours a day, seven days a week: 1.800.387.4765 or

visit http:// www.shepell.com

Services Offered:

Professional counselling

Financial support

Legal support

Nutrition support

Family support

Health coaching

Naturopathic services

Fitness support

Did You Know?

The language that is written in your local collective agreement is unique to your local. Each local negotiates the terms of their own local agreement which results in some similarities, but also some individualized clauses. For example, in **Avon Maitland**, we have "12.07 - Professional Activity Time". This clause is unique to our local and has a multiple of uses:

- it can be used to get caught up on assessment
- it can be used to attend an in-person conference
- it can be used to attend a virtual conference
- it can be used to shadow a colleague
- it can be used to co-plan with a colleague
- it can be used to pursue personal professional development
- it can also be used to work on report cards

If you want to know what rights you are entitled to, it is important to know the language of your own local collective agreement.

Wellness

There are both internal and external factors impacting a person's wellness. Despite our best efforts, stress and changes that are out of our control can get the better of us and put any of us at risk for a mental health illness. AMETFO members have three helpful tools available through our OTIP LTD Plan.

Feeling Better Now is an on-line tool to help yourself build mental health skills, to self-assess, and to help others who may be struggling. Go to www.feelingbetternow.com/otip

CAREpath is a cancer assistance program that helps patients and their families with their journey through cancer treatment. Call CAREpath at 1-800-290 –5106 or visit www.otip.com/carepath

Starling Minds is a confidential digital program for educators that helps to build the knowledge, skills and tools needed to better manage personal mental health. Go to member.starlingminds.com and use access code: ETFOMEMBER

Employee Assistance Program (EAP) is immediate, confidential help for any concern, toll-free, 24 hours a day, seven days a week: 1.800.387.4765 or visit www.shepell.com



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The Avon Maitland Teachers' Local is the union local in the Huron Perth area for the Elementary Teachers' Federation of Ontario. The Avon Maitland Teachers' Local represents all of the 650 full and part time elementary teachers employed by the Avon Maitland District School Board.

President

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Who Does What in Education?

EQAO

The Education Quality and Accountability Office is an independent government agency that:

- A) Administers province-wide, standardized tests in reading, writing, & math
- B) Reports results to the Ministry, school boards, & public
- C) Provides data to school boards to inform their decision making

Students take EQAO tests in grades 3, 6, 9, & 10.

Dates to Remember

February 7 - Executive Meeting

February 8 - Report Cards due to office

February 15 - Deadline: Voluntary Transfer

March 7 - Executive Meeting

March 10 - 17 - March Break

April 7 - Good Friday

April 10 - Easter Monday

April 18 - Easter Monday

May 9 - Annual General Meeting