

2022-2023 Workshops

****Please register for workshops by clicking the title.****

Workshop details are on the pages following page 1.
All registration for in person workshops will close 1 week prior.

- [Introductory Coding Workshop Grades 1-4 with Don Pottruff](#)
 - Wednesday, November 2 @ Seaforth Public School 4:30-6:00
- [Introductory Coding Workshop Grade 5-8 with Don Pottruff](#)
 - Thursday, November 3 @ Seaforth Public School 4:30-6
- [Rockin Reflex with Liz Jones-Twomey](#)
 - Wednesday, November 23 @ Seaforth Legion 4:30-6:30
- [ENVoy with Liz Jones-Twomey](#)
 - Thursday, November 24 @ Seaforth Legion 4:30-6:30
- [Eric Walters Author Visit \(The King of Jam Sandwiches\)](#)
 - Thursday, December 1 via ZOOM 4:30-5:30
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- **FYI - Occasional Teachers' Joint Pregnancy, Parental Workshop**
 - Monday, February 6, 2023, via Zoom, registration in January
- [S.P. Joseph Lyons Author Visit \(Little Bear in Foster Care\)](#)
 - Wednesday, February 15, 2023 4:30-5:30 via Zoom
- [Keep Calm and Play on-An Introduction to Music in the Classroom with Heather J. Weber](#)
 - Tuesday, February 28, 2023 @ The Teachers' Local 4:30-6:00
- [STEAM: Design Thinking for the Updated Science Curriculum](#)
 - Thursday, April 27, 2023 @ The Teachers' Local 4:30-6:30

Introductory Coding Workshop Grades 1-3

Location: Seaforth Public School, Room 14

Date: Nov. 2, 2022

Time: 4:30 - 6:00

This session will explore activities that can be directly used in the classroom. As well, we will review the curriculum continuum for coding in the numeracy curriculum, look at coding platforms, and highlight grade-level terms and skills. When signing up please indicate what technology you may have available to bring to the session. An iPad is suggested for grade 1 teachers in particular. Chromebooks can be supplied if necessary.

Introductory Coding Workshop Grades 4-8

Location: Seaforth Public School, Room 14

Date: Nov. 3, 2022

Time: 4:30 - 6:00

This session will explore activities that can be directly used in the classroom. As well, we will review the curriculum continuum for coding in the numeracy curriculum, look at coding platforms, and highlight grade-level terms and skills. When signing up please indicate what technology you may have available to bring to the session. Chromebooks can be supplied if necessary.



Experience lively and informative workshops presented by **Liz Jones-Twomey**, an International Brain Gym and Blomberg Rhythmic Movement Instructor and Consultant, ENVoY Classroom Management Instructor and retired elementary school teacher with the WRDSB, with over 30 years of experience. She has devoted a great deal of time and effort to expanding her knowledge of “brain-based” movement over the course of her career.

Liz has been a featured speaker on 4 continents and co-creator (with RONNO) of the multiple award-winning cd’s, “Catch a Brain Wave Fitness Fun”; “Smart Fitness, Smart Foods”; “Baby Connections Song Time”; and the latest release, “Wiggle Jiggle Fitness Fun.” Liz has been honoured with the prestigious “International Teaching Through Movement Award” for her work with Brain Gym® and “Best Practice” teaching strategies. She was presented with the W.T. Townshend Award of Excellence for her innovative teaching style, and she is

also a recipient of the “Speedo National Fitness Instructors’ Award.”

Liz’s enthusiastic presentation style provides for plenty of interesting and fun hands-on, practical experiences for participants and ideas and songs that can immediately be implemented.

Rockin' Reflex Workshop and VIDEO Package

2 hour workshop **November 23, 2022**



Purposeful Body Breaks for improved self-regulation

Our 4 Must-Have "Survivor" Songs – VIDEO VERSION – for JK-2

Have you noticed a real change in the students that you teach? So have I! Teachers need support more than ever to help with the challenges in our classrooms. We've crafted these guided-movement songs to focus specifically on the reflexes we see active in children that cause the behavior &

learning problems evident in every classroom.

Join Liz Jones-Twomey in a 2-hour workshop Nov.23, 2022

- Learn about reflexes and why some children learn and behaviour as they do.
- Participate in the 4 highly engaging movement-to-music VIDEOS (available as streams with unlimited access) supporting self-regulation and reflex integration.
- Discover some new games and purposeful movements that make learning easier and improve reading and writing skills, while stimulating the brainstem and neo cortex to help with focusing and calming.
- Explore movements that are easy to do in the classroom, the gym, outdoors, or at home!

ENVOY: Classroom Management

2 hour workshop **November 24, 2022**

Participants will examine these 4 critical areas to improve their teaching:

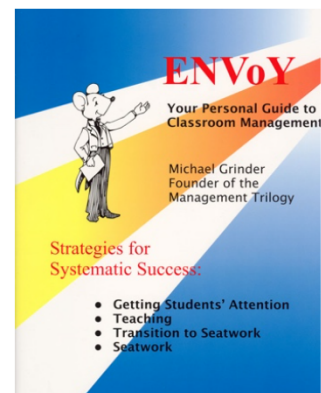
1. Getting student attention
2. Teaching
3. Transition to seatwork
4. Seatwork

Strategies you will learn:

- How to get through the day without losing your voice or burning
- How to manage 'hard to reach' students and maintain rapport
- Why non-verbal messages are more effective
- How to increase our expectations and preserve relationships

Some specific strategies (depending on length of presentation):

- How to manage auditory and kinesthetic students
- Above Pause Whisper: how to use your voice as a tool for management
- Freeze body, eye contact and hand positions
- When teaching, Raise Your Hand vs. Speaking Out Strategy
- Exit Directions: best way to let student begin working independently without teacher support
- Seatwork: On/Off/Neutral technique (how to engage students when off-task)



out

Eric Walters

December 1, 2022

Eric Walters is the best-selling author of over 125 books. These books have been translated into more than a dozen languages and won over 100 awards, including 15 children's choice awards, The Governor General's Award, and international awards including The Christopher and The Children's Africana Book Award. He is the co-founder of Creation of Hope, an organization that supports over 300 orphans in Kenya, I Read Canadian and The National Run Day for the Terry Fox Foundation.

S.P. Joseph Lyons

February 15, 2023

[Please see link for more details.](#)

**Keep Calm and Play on-An Introduction to Music in the Classroom
with Heather J. Weber**

February 28, 2023

You have been asked to teach Music but do not know where to start to create a music program. In this workshop tailored to educators that have a limited understanding of Music, participants will become more familiar with the core topics found in a music program and learn how to apply the overall Ontario curriculum expectations and the Elements of Music to any Music program. Participants will leave this workshop with a better understanding of the basic elements of the music curriculum, and effective activities and ideas to create an engaging and rewarding Music program.

STEAM: Design Thinking for the updated Science Curriculum

April 27, 2023

The updated Ontario Science Curriculum has been updated to teach students concepts that need to be relevant and reflect “real-world experiences.” With a greater emphasis on STEM, inquiry, coding and more, this workshop will support how teachers can take their tried-and-true Science lessons and upgrade them to meet the revised expectations. This workshop will focus on Junior and Intermediate strands.