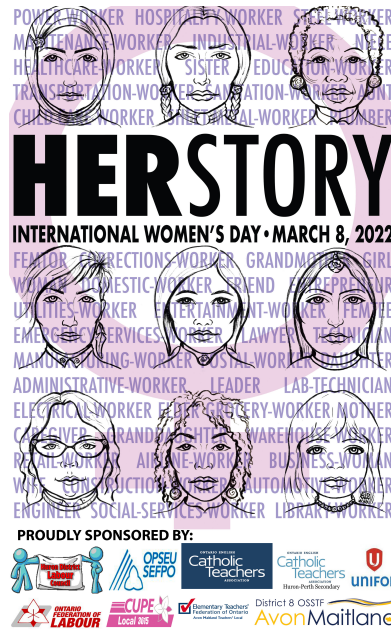


AM ETFO INFO

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International Women’s Day

March 8, 2022 is the 111th anniversary of International Women's Day - one of the most important days of the year to celebrate the social, economic, cultural and political achievements of women.

This International Women’s Day we need to celebrate women and their HERstories of survival and strength. And we need to continue the fight for a more gender equal world without bias that treats everyone fairly when it comes to working and living conditions.

The International Women’s Day theme for 2022 calls us to imagine a gender equal world.

A world free of bias, stereotypes, and discrimination.

A world that is diverse, equitable, and inclusive.

A world where difference is valued and celebrated.



Contact your Employee Assistance Program (EAP)

Immediate, confidential help for any concern is just a phone call away,

Toll-free, 24 hours a day, seven days a week:
1.800.387.4765 or

visit <http://www.shepell.com>

Services Offered:

Professional counselling

Financial support

Legal support

Nutrition support

Family support

Health coaching

Naturopathic services

Fitness support

Did You Know... The AMETF0 Executive makes an annual donation to the the United Way Huron Perth. The United Way assists those that are most vulnerable in our area including;

- the 5,079 people that accessed food in Perth & Huron through agencies and food banks.
- the 933 individuals that accessed food skills programming in Perth & Huron
- the 343 individuals that were supported with financial assistance for extracurricular activities through the YMCA.
- the 97 kids that were matched with a Big Brother or Big Sister to foster intellectual, emotional and social well-being
- the 200 people that are homeless in Perth and Huron right now.
- the 110 youth that accessed safe shelter and were given a fresh start in Perth and Huron
- the 135 women and children that were sheltered after experiencing domestic violence in Huron
- and the 348 women and children that received emergency shelter and counselling in Perth & Huron.

Having a baby or taking a leave:

Sign in to BabySteps with your Ontario Teachers' account to keep track of your buyback payments and deadlines.

Not ready to buy back your maternity leave? Don't have an online account with us yet? You can still use the app to learn more about buying back and to hear what your peers have to say about their experience.

You can also read the BabySteps Blog, which combines plan news with parenting tips from leading experts.

<http://www.otpp.com/BabySteps>

The BabySteps app will keep your buy-back on track.





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The Avon Maitland Teachers' Local is the union local in the Huron Perth area for the Elementary Teachers' Federation of Ontario. The Avon Maitland Teachers' Local represents all of the 650 full and part time elementary teachers employed by the Avon Maitland District School Board.

President

Kent Cleland

Vice President

Laura Inglis-Eickmeier

Collective Agreement Officer

Darrell Uhler

Treasurer

Drew Macaulay



TEACHERS' PENSION PLAN

All members should have an OTPP (formally iaccess) account to:

Explore:

- Scenarios with the Pension Calculator
- Your online pension checkup
- How you can maximize your pension by buying back a leave
- Your service summary
- Change your survivor pension

Tip — if you are married, you should have your survivor pension set at 75% until you retire

Plan:

- Your future with the Retirement Centre
- For your survivors

Dates to Remember

- March 8 - Executive Meeting
- March 14 - 18 - March Break
- April 6 - Executive Meeting
- April 15 - Good Friday
- April 18 - Easter Monday
- May 9 - Annual General Meeting
- May 23 - Victoria Day.
- June 10 - PA Day for Assessment and Reporting
- June 15 - Executive Meeting.
- June 27 - Last day for students
- June 28 - PA Day